



OUR STORY

As the mom of an active 10-year-old, there are mornings when I just don't have time to pack a healthy lunch. I created GoSprouts! to make mornings easier for parents like me. GoSprouts! meals are convenient, organic lunches your kids will love to eat. And, you'll love to pack them knowing that they are yummy and good for them. Feel confident that your child is getting the nutrition he or she needs to grow up healthy, happy, and strong.

CLEAN FOOD FOR HEALTHIER KIDS

For years, we have been feeding our children and ourselves unhealthy food that's loaded with unnatural preservatives, toxins, and other harmful ingredients. Often, we choose this food because it's fast and convenient. But convenient food doesn't have to be unhealthy. At GoSprouts!, we believe it's time for a clean food revolution. Clean food is natural food that works with our bodies, gives us energy, makes us healthier and stronger, and, best of all, tastes great. We're committed to providing easy-to-pack meals that are chock full of delicious, clean food kids will love to eat. Join us in creating a healthier world for our children by introducing them to clean, certified organic meals that are easy to eat and taste great.





OUR INGREDIENTS

We walk the walk, and we expect the companies that supply our ingredients to do the same. We have researched each and every manufacturer to make sure that they produce healthy, natural foods that taste good and are good for you. Our ingredients come from the most-respected companies in the natural foods industry as well as from up-and-coming brands with a bright future. Some of the brands you'll find in our meals include: Late July, Stonyfield Farms, Rudi's Bakery, Crofter's Organic, Follow Your Heart, and Ozery Bakery.

OUR PRODUCTS ARE NOW CERTIFIED ORGANIC



Big Kahuna Tuna

- Tuna Salad & Crackers
- Apple Slices & Caramel Agave Dip
- Baby Carrots & Ranch Dip



Peanut Butter Jam

- Whole Wheat Peanut Butter & Jelly Sandwich
- Pineapple Slices & Greek Yogurt Dip
- Baby Carrots, Snap Peas, & Ranch Dip



Protein Punch

- Granola & Vanilla Greek Yogurt
- Apple Slices & Honey Peanut Butter
- Crackers & Cheddar Cheese
- Hard Boiled Egg



Kick'n Chicken

- Grilled Chicken Breast, Whole Wheat Pita, & Hummus
- Strawberries & Chocolate Agave Dip
- Celery Sticks & Ranch Dip



Turkey Slider Rider

- Turkey & Cheese Slider with Ketchup
- Apple Slices & Caramel Agave Dip
- Baby Carrots & Ranch Dip



Gluten Free Throw

- Coming Soon!



Pass the Pasta

- White Cheddar Macaroni & Cheese
- Pineapple Slices & Greek Yogurt Dip
- Celery Sticks & Peanut Butter
- Pretzels

TO PLACE AN ORDER

Call: 760.979.1284

Email: sales@gosproutsfoods.com